



Health & Wellness at *The Wilshire Courtyard*

Wednesday, July 14th ■ 11:00am – 2:00pm



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Join us in the West (5750) Building to celebrate Health & Environmental Wellness. Meet representatives from wellness companies and green businesses offering information, services, and resources to live green and be healthy.

HEALTH SCREENINGS

Get your blood pressure, body fat composition and cholesterol levels checked.

RESOURCES

Get valuable information on how to live a healthier lifestyle, improve your overall well being and how to be more environmentally conscious.

FREE

Information and giveaways.

GREEN VEHICLES

Learn about hybrid and fuel efficient vehicles. A green car will be on display provided by South Coast Quality Air District.